



SHAYNA JACK

Australian Swimmer



Shayna Jack is a four-time Commonwealth Games medalist, World Champion, World Record Holder, and member of the Australia Dolphins swim team, renowned for her incredible ambition, determination, and passion for competition in and around the pool!

Shayna has confronted many difficulties in her swimming journey, but her faith in herself and what she stands for has encouraged others to recognise her strengths of perseverance and self-belief.

In 2019, Shayna encountered a life defining challenge when she was accused of using a performance-enhancing substance. Her predicament would last two years before being dismissed in 2021, providing her with an invaluable opportunity to grow and understand her identity – that her individuality is her power. This experience further reinforced the importance of honesty and integrity, demonstrating that they should never be sacrificed under any circumstances.

Now, Shayna is back competing at the highest level, collecting medals at the Commonwealth Games and World Championships. But without question, Shayna's biggest goal is to win Gold at the upcoming 2024 Paris Olympic Games!